



### Initial Consultation

### Deep Dive OR IEP Meetings

### Mother-to-Mother

60-minute discovery consultation to discuss your child, concerns, secure preliminary guidance, and explore next steps.

Consultations may be scheduled days, evenings, weekends.

Priority access & scheduling available.

\$200.

THE DEEP DIVE...  
Comprehensive educational document review.

IEP MEETINGS...  
2 consultations - 90-minute prep & 60-minute post-meeting review.

Timelines. Steps.  
Optional - IEP meeting participation.

Individualized & personalized coaching.  
Neurodiversity parenting. Work. Family, Caregiving. Mental health.

60-minute sessions scheduled bi-weekly or as-needed.

Ongoing e-mail/regular check-ins.  
Support for you.

[DEBRA@DEBRAISCHAFER.COM](mailto:DEBRA@DEBRAISCHAFER.COM)

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E-mail me to schedule a 15-minute conversation to discuss services & the support that may best meet your needs.  
I look forward to hearing from you.

[www.debraischafer.com](http://www.debraischafer.com)

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